

Spalding Cycling Club 10 Mile Open Time Trial

Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations

Date: Sunday 25th June

Start: 09:00

Course: C10/30

Event Secretary: George Bellars 07432717911 georgebellars@hotmail.co.uk

Timekeepers: Sharon Fensom (Spalding CC) & Nicky Ellis (Spalding CC)

Volunteers: Thank you to the helpers from Spalding CC!

Event Information

Event HQ: Snowden Pavilion, Thorney Road, Crowland, PE6 0AL

What 3 Words: ///crash.ramble.chestnuts

Google Maps: Searching for 'Snowden Pavilion' sometimes maps to the wrong place, please use 'Crowland Medical Centre'

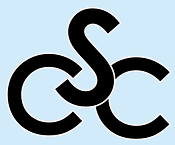
The Event HQ will be open for signing on from 8am.

We use this HQ for other events therefore, it would be appreciated that noise levels are respected to avoid upsetting local residents. Please park respectfully to allow room for all riders and helpers.

Refreshments: Tea/Coffee & Cakes etc will be available at the HQ for a donation. Please bring some loose change.



All donations go to Lincolnshire & Nottinghamshire Air Ambulance.



Course Details:

From the end of the Material Change lay-by proceed northerly via Barrier Bank to the roundabout on the A1175, encircle the roundabout and return in a southerly direction to finish at a point approx. 200 metres further on from opposite the start.

Start area:

Once at the start area, you will need to remain in the layby until called forward to the start line by an Event Official.

There is no parking available at the start line for competitors or spectators!

Finish area:

Finish Officials may be stood on the opposite side of the road for safety, however the finish will be indicated by a finish board on the left hand side verge.

Please do not stop at the finish, instead continue back to HQ.

Results:

Results will be displayed at the HQ and should be available via ResultsSheet.

Awards:

Awards will be presented at the HQ following the event.

1 st Overall	£20
2 nd Overall	£15
3 rd Overall	£10
1 st Female	£20
1 st Junior/Juvenile	£20
1 st Vet 40+	£20
1 st Vet 50+	£20
1 st Road Bike	£20
Fastest Team (3 Riders from same club)	£10 Each

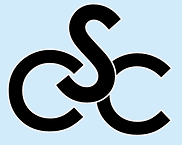
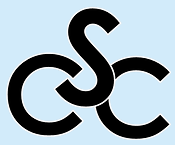
One prize per rider – Except Team Prize

Spalding CC 10 Mile Open

Jun 25, 2023 9:00 am



Scan for event results



Rules and Regulations

Numbers

These will be issued when signing on and must be returned when signing back in (Reg. 17b).

The number shall be centrally positioned below the rider's waist, so as to be clearly visible from the rear when in his/her normal riding position.

Please call your number out upon completing your ride and continue to the HQ. Please remember to sign back in.

Restrictions

There must be no warming up on the course once the event is in progress. Therefore, once at the start area (layby), you will not be able to turn back!

U turns are not permitted in the vicinity of the Start and Finish areas.

No head/earphones are permitted, except for hearing aids (Reg. 19).

Regulation 14

(i) No competitor shall be permitted to start either a Type A or Type B event unless such competitor has affixed to the rear of their machine a working rear red light, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users.

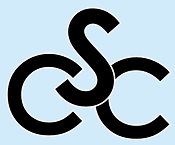
(j) No competitor shall be permitted to start either a Type A or Type B event unless such competitor has affixed to the front of their machine a working front white light, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users.

Regulation 15

All competitors must wear a properly affixed helmet which must be of hard/soft shell construction. Helmets should conform to a recognised Standard

Head Down Riding Can Be Fatal please keep your eyes on the road

Spalding Cycling Club wish you all a safe and successful ride!



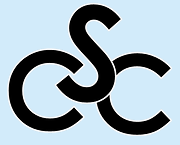
Start Sheet

<u>No.</u>	<u>Start Time</u>	<u>Name</u>	<u>Machine</u>	<u>Club</u>	<u>Gender</u>	<u>Category</u>
1	09:01	Gareth Richards	TT Bike	Spalding CC	Male	Veteran
2	09:02	Daniel Slack	TT Bike	Coalville Whs	Male	Espoir
3	09:03	Wayne Hill	TT Bike	Bourne Wheelers	Male	Veteran
4	09:04	Sarah Bentley	TT Bike	Fenland Clarion CC	Female	Veteran
5	09:05	Loz Staples	TT Bike	Spalding CC	Male	Veteran
6	09:06	Ian Auger	TT Bike	Fenland Clarion CC	Male	Veteran
7	09:07	Douglas Tincello	TT Bike	Welland Valley CC	Male	Veteran
8	09:08	Evgeniya Righini-Brand	TT Bike	Sleaford Wheelers Cycling Club	Female	Senior
9	09:09	Lynne Scofield	Road Bike	Rockingham Forest Wheelers	Female	Veteran
10	09:10	Nick Cave	TT Bike	Team Lutterworth Cycle Centre	Male	Veteran
11	09:11	Kieran Buffham	Road Bike	Spalding CC	Male	Senior
12	09:12	Brian Seward	TT Bike	Fenland Clarion CC	Male	Veteran
13	09:13	Mark Munnings	TT Bike	VC Baracchi	Male	Veteran
14	09:14	Brad Armstrong	TT Bike	Velo Club Rutland	Male	Veteran
15	09:15	Cian Leveridge	TT Bike	Team PB Performance	Male	Senior
16	09:16	Peter Noble	TT Bike	Epsom CC	Male	Veteran
17	09:17	Harry Greetham	TT Bike	Sleaford Wheelers Cycling Club	Male	Senior
18	09:18	Stanley Worrell	TT Bike	VC Baracchi	Male	Veteran
19	09:19	Chris Close	Road Bike	Sleaford Wheelers Cycling Club	Male	Veteran
20	09:20	Philip Wilkinson	TT Bike	Rockingham Forest Wheelers	Male	Veteran
21	09:21	Warren Drew	TT Bike	Rapha Cycling Club	Male	Veteran
22	09:22	Darragh McBride	TT Bike	Witham Wheelers / Grantham	Male	Senior
23	09:23	Daniel Warner	TT Bike	Spalding CC	Male	Senior
24	09:24	Stuart McKellar	Road Bike	Sleaford Wheelers Cycling Club	Male	Veteran
25	09:25	Chris Ward	TT Bike	Spalding CC	Male	Veteran

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SPALDING CYCLING CLUB



26	09:26	Gavin Culshaw	TT Bike	Sleaford Wheelers Cycling Club	Male	Veteran
27	09:27	Philip Merritt	TT Bike	Fenland Clarion CC	Male	Veteran
28	09:28	Adam Riddington	TT Bike	Bourne Wheelers	Male	Veteran
29	09:29	Krystian Sedrowicz	TT Bike	1485 Tri Club	Male	Senior
30	09:30	Dominic Righini-Brand	TT Bike	Sleaford Wheelers Cycling Club	Male	Senior
31	09:31	Ed Tarelli	TT Bike	Race Hub	Male	Veteran
32	09:32	Samuel Woodfield	TT Bike	Rule 28 x ATP Performance	Male	Senior
33	09:33	David Hallam	TT Bike	Fenland Clarion CC	Male	Veteran
34	09:34	Jacob Booth	TT Bike	Spalding CC	Male	Juvenile
35	09:35	Craig Lamb	TT Bike	Alford Whs	Male	Veteran
36	09:36	Mark Booth	TT Bike	Spalding CC	Male	Veteran
37	09:37	Karl Grundy	TT Bike	Fenland Clarion CC	Male	Veteran
38	09:38	Gretchen Zoeller	TT Bike	VTTA (Yorkshire)	Female	Veteran
39	09:39	Denese Hallahan	TT Bike	Wisbech Whs	Female	Veteran
40	09:40	James Boardley	TT Bike	Peterborough CC	Male	Veteran
41	09:41	Madeleine Gammons	TT Bike	Loughborough Lightning / TRG	Female	Senior
42	09:42	Chris Cummings	TT Bike	Fenland Clarion CC	Male	Senior
43	09:43	Simon Cocker	TT Bike	Witham Wheelers / Grantham	Male	Veteran
44	09:44	Matthew Belmonte	TT Bike	Royal Air Force Cycling Association	Male	Veteran
45	09:45	Simon Inman	TT Bike	OVB	Male	Veteran
46	09:46	Jack Eastman-Nye	TT Bike	Peterborough CC	Male	Senior
47	09:47	Adrian Osborn	TT Bike	Stratford Cycling Club	Male	Veteran
48	09:48	Iain Tebbutt	TT Bike	Coalville Whs	Male	Veteran
49	09:49	Antony Gough	Road Bike	Bourne Wheelers	Male	Veteran
50	09:50	Toby Bush	TT Bike	Team Bottrill	Male	Junior
51	09:51	Isaac Russell	TT Bike	Team PB Performance	Male	Espoir
52	09:52	Roger Sewell	TT Bike	Wisbech Whs	Male	Veteran